



# *From Awakening to Transformation*

## **Speaker Biographies**

KRUEGER & LEE



SYNERGOS



### **Dr. Daniel P. Brown**

Associate Professor of Psychology, Harvard Medical School

Daniel Brown, Ph.D. Director, The Center for Integrative Psychotherapy, Newton MA; Associate Professor of

Psychology, Harvard Medical School at BIDMCI, has been on the faculty of Harvard Medical School for 38 years, where he teaches a course on performance excellence and on assessing and treating attachment disturbances. Author of 23 books including: *Hypnotherapy and Hypnoanalysis* (with Erika Fromm), a book on affect development, *Human Feelings*, a book on memory for trauma and abuse that won 7 awards, *Memory, Trauma Treatment, and the Law*, and a recent textbook on assessment and treatment of attachment disturbances, *Attachment Disturbances in Adults* (with David Elliott). Dr. Brown has served as an expert witness in the courts on many trauma and child abuse cases, including helping to establish a reliable standard of evidence for testimony of victims of atrocities for the International War Crimes Tribunal. Dr. Brown has also served as a translator and meditation teacher in the Indo-Tibetan tradition for 48 years.

He wrote *Transformations of Consciousness* (with Ken Wilbur and Jack Engler), *Pointing Out the Great Way: The Mahamudra Tradition of Tibetan Meditation-Stages* (Wisdom Publications), *Pith Instructions for A Khrid Great Completion Meditation*, and recently *The Self-Arising Three-fold Embodiment of Enlightenment*, a collection of rare, advanced cave and hermitage yogi practices, and two books on public dialogues with H.H. The Dalai Lama. As a Western psychologist, he spent 10 years conducting outcomes research on beginning and advanced meditators, including a recent study identifying the neurocircuitry of awakened awareness. He has taught Indo-Tibetan meditation retreats for 48 years. He studied the Nyingma Garab rDorje lineage of *Dzogs Chen* Great Completion Meditation with Rahob Tulku Rinpoche and the Bon 'Bru and Zhang Zhung lineages of Great Completion Meditation with the 33rd H.H. Menri Trizin, the spiritual head and lineage holder of the Bon teachings. Currently, Dr. Brown is working on an extensive translation project, eight books, with H.H. the 33rd Menri Trizin, in an attempt to bring the most advanced Great Completion Meditation practices to the West, as a way to preserve these precious advanced teachings before they disappear.



### **Matthew Johnson, Ph.D.**

Professor of Psychiatry & Behavioral Sciences, Johns Hopkins University School of Medicine

Matthew W. Johnson, Ph.D., is a Professor of Psychiatry at Johns Hopkins. Working with psychedelics since 2004, he is one of the world's most widely published experts on psychedelics. Dr. Johnson published psychedelic safety guidelines in 2008, helping to resurrect human psychedelic

research. He published the first research on psychedelic treatment of tobacco addiction in 2014, and the largest study of psilocybin in cancer distress in 2016. His 2018 psilocybin review recommended Schedule IV upon potential medical approval. Dr. Johnson also conducts behavioral economic research on the psychology of addiction and sexual risk. He has been widely interviewed about drugs and addiction, including by New York Times, Washington Post, Wall Street Journal, BBC, CNN, Fox Business News, NPR, and Michael Pollan.



### **Dr. Julia Mossbridge**

Fellow, Institute for Noetic Sciences and Associate Professor, California Institute of Integral Studies

Dr. Julia Mossbridge is a fellow at the Institute for Noetic Sciences, an Associated Professor at the California Institute of Integral Studies, and the Executive Director of the nonprofit TILT: The Institute for Love and Time. She is best known for her research in mental and physical time travel, artificial intelligence, and consciousness. She has rigorously researched a wide range of fascinating phenomena, including precognition, future orientation, unconditional love, and how sound influences mood and cognition.

Additionally, Mossbridge has explored models for personal transformation and self-transcendence. Julia received her M.A. in neuroscience from the University of California, San Francisco, and completed her Ph.D. and post-doctoral fellowship in psychophysics and cognitive neuroscience at Northwestern University. Her books include *The Calling* (a science-based transformational text) and a textbook on consciousness co-authored with Imants Baruss and published by the American Psychological Association, *Transcendent Mind*. Dr. Mossbridge holds the patent on the heart-based decision-making app, Choice Compass, and is applying for a patent on informational time travel technology.



### **Dr. Steven Taylor**

Senior Lecturer in Psychology, Leeds Beckett University and Chair, Transpersonal Psychology Section of the British Psychological Society

Steve Taylor, Ph.D., is the author of several best-selling books on psychology and spirituality, and is a Senior Lecturer in Psychology at Leeds Beckett University. He is the current chair of the Transpersonal Psychology Section of the British Psychological Society. His books include *Spiritual Science*, *Waking From Sleep*, *The Fall*, *Out of the Darkness*, *Back to Sanity*, *The Calm Center* and *The Leap*.

His books have been published in 20 languages, and Eckhart Tolle has described his work as ‘an important contribution to the shift in consciousness, which is happening on our planet at present.’ He writes a blog for *Scientific American* and for *Psychology Today*. Steve lives in Manchester, England.