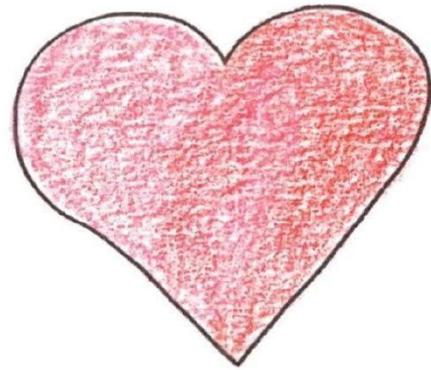


SPEAKERS AND PRACTITIONERS

Get to know our speakers and practitioners for this journey.



Spirituality & Science Forum 2023:
“Being Love”



BOB CHAPMAN



Recently named the Tharseō CEO of the Year by the Society for Human Resource Management (SHRM), the #3 CEO in the world in an Inc. article, and a Top 10 Social Capital CEO by International Business Times, Bob Chapman is very intentional about using his platform as a business leader to build a better world.

Chapman is Chairman and CEO of St. Louis, MO-based Barry-Wehmiller, a \$3.3B global capital equipment and engineering solutions company with more than 12,000 team members. He became the senior executive of Barry-Wehmiller in 1975 at age 30 when the 90-year-old business had \$20 million in revenue, outdated technology and a very weak financial position. Despite the obstacles, Chapman applied a unique blend of strategy and culture over the next 45+ years in leading Barry-Wehmiller through more than 120 successful acquisitions.

Over the past two decades, a series of realizations led him away from traditional management practices to Truly Human Leadership—a people-centric approach where his team members feel valued, cared for and integral to the company’s purpose. At Barry-Wehmiller, they have a unique measure of success: by the way they touch the lives of people.

Chapman’s experiences and the transformation he championed were the inspiration behind his 2015 WSJ bestseller *Everybody Matters: The Extraordinary Power of Caring for Your People Like Family*. The book is co-authored by Raj Sisodia, founder and co-author of *Conscious Capitalism*. The book has been translated into eight languages. In 2016, Harvard Business School released a case study featuring Barry-Wehmiller’s unique approach to business, which is now taught at 70+ business schools around the world.

In 2013, Bob and his wife Cynthia launched a nonprofit, Chapman Foundation for Caring Communities, to bring the company’s groundbreaking Listen Like a Leader training to communities. And, in 2015, the Chapman & Co. Leadership Institute was founded to bring Barry-Wehmiller’s trademark culture transformation and leadership training to for-profit organizations.

In recent years, Bob has focused on teaching caring leadership to tomorrow’s leaders through programs in K-12 schools and universities. In 2021, Bob and his team partnered with Fordham University and other business schools to launch the Humanistic Leadership Academy which helps professors and students become more human-centered.

A sought-after speaker for a variety of industries, Chapman’s speaking engagements include the United Nations Global Compact Transforming Education Summit, Brazil’s Virtuous Leadership Conference, China Organizational Evolution Forum, Healthcare Burnout Symposium, Aspen Ideas Festival, Conscious Capitalism events, TEDxScottAFB, 2016 US Congressional Retreat, Manufacturing Excellence Conference, HERO Forum for Employee Health Management, and numerous others.

Chapman shares his story whenever he can, as it is an example of what’s possible at the intersection of great business strategy and profound care for people. He wants everyone to see that caring for

people and giving them meaning, purpose and fulfillment through their work is not in disharmony with creating value.

Chapman has a BA from Indiana University and an MBA from Michigan. To read more about Bob's work and perspectives, visit TrulyHumanLeadership.com

HYON GAK ("SUNIM")



Hyon Gak Sunim ("Sunim") was born Paul J. Muenzen in 1964 to a family of devout Roman Catholics in New Jersey, U.S.A. Educated in literature and literary theory at Yale University (BA, 1987) and comparative religions at Harvard Divinity School (Master of Theological Studies, '92), Sunim was ordained in 1992 in China. He was the first Westerner to be ordained in the People's Republic of China since the Communist Revolution. He has been doing Zen training in various remote mountain places, including three intensive 100-day solo meditation retreats and some forty three-month intensive meditation retreats (ango) in the ancient Zen temples of South Korea.

Sunim received formal public certification of his enlightenment and authorization to teach (inka) from Zen Master Seung Sahn, at a public ceremony in Hwa Gye Sah Temple, Seoul, Korea, in August 2001. He was later appointed by Zen Master Seung Sahn to be the Guiding Teacher of the Seoul International Zen Center at Hwa Gye Sah—his Teacher's 500 year-old home temple in Korea. He served as the Zen Master's personal secretary from 2003 until his death in 2004.

At his Teacher's direction, Sunim has compiled and edited several of Zen Master Seung Sahn's books, including *The Whole World is a Single Flower*, *The Compass of Zen*, *Only Don't Know*, and *Wanting Enlightenment is a Big Mistake*. He also translated into English the 500 year-old classic of Zen Master So Sahn, *The Mirror of Zen*.

Hyon Gak Sunim is the author of *From Harvard to Hwa Gye Sah Temple*, an autobiography in Korean language which became a number-one bestseller in Korea. The book is widely credited with leading a revival in interest in Korean Buddhism, especially among the young generation in Korea, where Buddhism had been perceived to be in decline. Sunim is also the editor or translator of several best-selling translations into Korean of Zen Master Seung Sahn's English-language books. The former Buddhist co-Chaplain at Harvard University (1996-97), Sunim has given public talks at Harvard, Yale, Stanford, UC-Berkeley, Oxford, Columbia, New York University, Brown, SUNY, Université de Paris, University of London, and University of Oslo, as well as divinity schools, and temples throughout Korea, Hong Kong, Singapore, and Japan. He has also taught meditation at Facebook HQ in Silicon Valley.

Sunim has founded the temple-community Zen Center Regensburg e.V in the Bavarian UNESCO-listed city of Regensburg, Germany, where he leads the traditional 90-day intensive Winter Kyol Che, as well as monthly 3-day intensive retreats. He sits on the Advisory Board for OCCURSO, the Institute for Interreligious and Intercultural Dialogue, based at the Ludwig-Maximilian University in Munich, supported by the Roman Catholic Archdiocese of Munich. www.mirrorofzen.com

MATTHEW T. LEE, PH.D.



Matthew T. Lee, Ph.D., is a Research Associate, a member of the Global Study of Human Flourishing research team, and Director of the Program's Flourishing Network.

He is Professor of the Social Sciences and Humanities at the Institute for Studies of Religion at Baylor University and a Distinguished Visiting Scholar of Health, Flourishing, and Positive Psychology at Stony Brook University's Center for Medical Humanities, Compassionate Care, and Bioethics, as well as a Visiting Scholar at the Benson-Henry Institute for Mind Body Medicine at

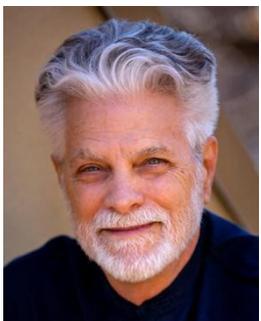
Massachusetts General Hospital.

He previously served as Chair of the American Sociological Association's Section on Altruism, Morality, and Social Solidarity and as President of the North Central Sociological Association. His current research explores topics such as well-being and flourishing, benevolent service to others, and the integration of social science and the humanities.

He is co-editor of *Measuring Well-Being: Interdisciplinary Perspectives from the Social Sciences and the Humanities* and co-author of *The Heart of Religion: Spiritual Empowerment, Benevolence, and the Experience of God's Love*, both published by Oxford University Press.

He is co-editing a book for Routledge titled, *Transcending Crisis: Carework, Emotions, and Human Flourishing*.

NEALE LUNDGREN, PH.D.



Neale Lundgren, PhD, is a therapist, a former Benedictine monk, a poet, and a musician. He is the author of *Meditations for the Soul* (Llewellyn Worldwide) listed in the top ten of "best meditation books to read in 2022" (BookAuthority.org).

Dr. Lundgren received his doctoral degree from Emory University in psychological, philosophical, and religious thought and has taught at St. John's University, Emory University, and Pacifica Graduate Institute. As a teacher, he uses the conversation of presence, reflective reading, meditation, and transformational energy work to help put students in touch with their soul and the sacred in the midst of the world. Neale lives in Atlanta, Georgia.

DOREEN MEISTER



Certified Focusing Trainer: Specialization in FOAT® (TIFI), Certified Focusing-Oriented Expressive Arts (FOAT®) Practitioner, and Licensed Marriage and Family Therapist—specializing in creative arts expression, existential contemplative psychotherapy, mindfulness, and developmental trauma.

Doreen helps adults connect with their own natural, authentic resources to develop resilience, regulation, self-compassion and authenticity. She works virtually with individuals and groups. Her specialty areas of training include:

FOAT®, guided imagery, somatic touch for resilience and regulation, self-inquiry and existential humanistic contemplative psychotherapy.

In addition, Doreen has over 20 years of mediation experience in non-dual traditions and expresses her creativity through jewelry design.

DR. MOZELLE ARMIJO (DR. MO)

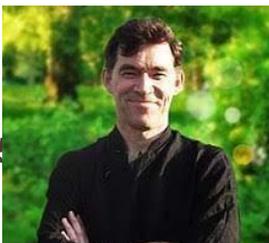


Dr. Mo is a Doctor of Acupuncture and Chinese Medicine, licensed acupuncturist, and Certified Clinical EFT practitioner and mentor.

Dr. Mo received her first Clinical EFT training from EFT Universe, later joining the EFT Universe team as a mentor. She has since acquired her Advanced EFT Certification from EFT International and is an Accredited Evidence Based EFT practitioner and mentor.

Dr. Mo strives to rekindle a deep reverence for the power of Chinese medicine that exists within and fundamentally supports the practice of EFT and restore the ancient notion that science is sacred. Her diverse background in Eastern and Western sciences allows her to guide students and clients to a deeper understanding of what clinical EFT can do if they choose to tap into something more. Her deepest intention for humanity is to understand that what happens to them does not have to define them and they do not have to live in the shadows anymore.

STEVE TAYLOR, PH.D.



Steve Taylor is a senior lecturer in psychology at Leeds Beckett University, and the author of several best-selling books on psychology and spirituality. He is a

past chair of the Transpersonal Psychology Section of the British Psychological Society.

His new book is *Extraordinary Awakenings: When Trauma Leads to Transformation*, and his other books include *The Clear Light, Out of the Darkness, Back to Sanity, The Calm Center, The Leap* and *Spiritual Science*. His books have been published in 20 languages, while his articles and essays have been published in over 100 academic journals, magazines and newspapers.

He regularly appears in the media in the UK, and has been recently featured on Radio 4's *The Moral Maze*, BBC Breakfast, Radio FiveLive and TalkRadio. He writes blog articles for [Scientific American](#) and for [Psychology Today](#). Eckhart Tolle has described his work as 'an important contribution to the shift in consciousness which is happening on our planet at present.' Steve lives in Manchester, England, with his wife and three young children.

MARK VERNON, PH.D.



Mark is a psychotherapist and writer, with an interest in ancient philosophy, and a focus on the skills and insights that illuminate our inner lives. His books cover subjects from friendship and belief, to wellbeing and love.

His most recent books are *Dante's Divine Comedy: A Guide for the Spiritual Journey* and *A Secret History of Christianity*, based upon the ideas of the Oxford Inkling, Owen Barfield.

As a psychodynamic psychotherapist, he has a private practice in London, working with individuals who have a variety of concerns, as well as having worked at the Maudsley Hospital in south London in a personality disorder service.

He contributes to and have presented a number of programmes on the radio, and writes as a journalist, with his work being published by the BBC, *Aeon*, *Church Times*, and elsewhere. He teaches at The Idler Academy and also leads workshops and gives talks.

His studies began with a degree in physics, before two degrees in theology, followed by a PhD in philosophy—an academic journey that took him from the universities of Durham and Oxford to Warwick. Mark's professional life began as a priest in the Church of England, from which he resigned about 20 years ago.

His latest book is *Spiritual Intelligence in Seven Steps*.

ROBERT WALDINGER, MD, PH.D.



Dr. Robert Waldinger is Professor of Psychiatry at Harvard Medical School, Director of the Center for Psychodynamic Therapy and Research at Massachusetts General Hospital, and Director of the Harvard Study of Adult Development.

He is a practicing psychiatrist and psychoanalyst, he teaches Harvard medical students and psychiatry residents, and he is on the faculty of the Boston Psychoanalytic Institute. He is also a Zen priest.

Dr. Waldinger earned his bachelor's degree from Harvard College and his MD from Harvard Medical School.

ANGELA WALKLEY



Angela dwells in the beauty of needs that arise in herself and between herself and others. She is an Assessor and Trainer with the International Center for Nonviolent Communication. She worked for over a decade leading heart-based decision-making related to land and social justice with indigenous, government, industry and environmental organizations. She meets groups in the space that divides them—to help them hear the depth of what matters to them, to express themselves with care and to find a path forward together. In the more recent decade, she has been offering

transformational programs for those that are looking to cultivate a personal and global consciousness of openness, inclusion and connection. Angela lives, works, plays and prays on the unceded lands of the Sahtlout, Sasitla, Leeksun and Puntledge people in western Canada.